

Daily Dosage as a Nutritional Supplement

Adults: Initially take 4 capsules per day, for approximately 4-6 weeks or until satisfactory results are achieved, after which the intake may be reduced to 1-2 capsules per day for ongoing care.

Children (6-12 years): Take half the adult dose or as professionally prescribed.

The daily level needed to obtain maximum effect can vary for each individual; it does take time for your body to recognise and respond to Lyprinol's health benefits. Your body may require less to achieve full effect. Some temporary initial discomfort may occur if personal dose is too high, in which case reduce to 1-2 capsules daily.

Pregnant or breastfeeding women and the parents of children under 2 years of age should always consult their healthcare professional before taking or dispensing any supplements.

Lyprinol's unique extraction process results in pure oil which does not contain protein from shellfish. Shellfish protein may be a cause of shellfish allergies. Those with marine oil allergies should seek advice from their healthcare professional before taking Lyprinol. No added gluten, wheat, milk derivatives, preservatives, artificial flavours or sweeteners.

Store in a cool dry place (below 25°C) and keep out of direct sunlight. Store out of reach of children. Supplementary to and not a replacement for a balanced diet.

Important Note

PCSO- 524® is a unique and patented, highly-purified marine lipid oil extract and must not be confused with or related to other green-lipped mussel products. This is because the vital lipids within the mussel easily oxidise from exposure to heat and oxygen.

Then they degrade, losing all their beneficial properties. PCSO- 524's marine lipids are protected using a gentle and unique patented process that prevents oxidation and leaves no chemical residue.

**Proudly New Zealand
Grown, Extracted and Manufactured**

Ingredients Per Capsule

Each soft gel capsule contains: Marine Lipid Oil
PCSO-524® Extract From *Perna canaliculus*
50 mg Natural Mono-unsaturated Olive Oil
100 mg Vitamin E (d-alpha-Tocopherol)
as an anti oxidant 0.225 mg.

Lyprinol® is a registered trademark of Pharmed International Limited.

TAPS NA 3903



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Lyprinol®

Stabilised Marine Lipid Oil Extract PCSO- 524®

**For Healthy Joints,
Mobility and Healthy Airways**

PCSO-524® is a unique combination of 30 different fatty lipid oils which are mixtures of saturated, monounsaturated and polyunsaturated fatty acids (PUFAs). It also contains marine sterols and other fatty acids such as ETA and OTA.

Lyprinol® has been shown through scientific research to help maintain normal joint function and healthy breathing passages

- Assists both joint mobility and function
- Helps maintain healthy airways and breathing passages
- It is rich in omega-3s essential for healthy well-being.

50 Softgel Capsules

**Recommended by doctors
and health professionals
around the world.**



**Patented Marine Lipid Oil from
New Zealand Green-Lipped Mussel**

Lyprinol®

Lyprinol® works by helping to manage the levels of compounds known as leukotrienes so that they are maintained at the minimum healthy level. Low levels of leukotrienes are very important for healthy joints, mobility and healthy airways.

Research shows that Lyprinol® offers an advanced approach to supporting healthy joints and breathing passages through support of the body's

lipoygenase (LOX) pathways.

Healthy bodies depend upon minimum healthy levels of leukotrienes, prostaglandins and thromboxanes.

Scientifically Researched Lyprinol®

Over 20 published scientific studies have shown that Lyprinol® is effective in maintaining healthy joints, airways and supports joint function and mobility. This unique marine lipid oil has achieved critical review by research institutions worldwide and is proven to give assistance in maintaining joint mobility and healthy breathing passages.

Published studies conducted at the Glasgow Hospital in Scotland and the University Departments of Medicine and Orthopaedic Surgery of the Queen Mary Hospital, Hong Kong, have confirmed the role of Lyprinol® in supporting joint mobility. Additional research carried out in the Queen Elizabeth Hospital and the University of Adelaide in Australia, established that Lyprinol® supports a normal and healthy 5 lipoxygenase pathway.

Research at the Hospital Therapeutic Clinic, Pavlov's St. Petersburg Medical University, showed that Lyprinol® can assist the function of healthy breathing. The research demonstrated that Lyprinol® has a role in maintaining healthy minimum leukotriene levels thereby assisting in the maintenance of healthy airways and joints.

Why is Lyprinol® Different?

Early trials with green-lipped mussel powder preparations were ineffective or inconclusive due to the inherent instability of the lipid oil (active ingredient) found in New Zealand's Perna canaliculus.

Lyprinol® is a natural, stabilised, active lipid oil extract. This stabilised extract is achieved by using an internationally-patented, solvent-free and unique extraction process.

Lyprinol® PCSO-524® is a natural, standardised marine lipid oil extract from New Zealand's green-lipped mussel (*Perna canaliculus*); a unique combination of 30 different fatty lipid oils which are mixtures of saturated, monounsaturated and polyunsaturated fatty acids (PUFAs). It also contains marine sterols and other fatty acids such as ETA, EPA, DHA and OTA.



Lyprinol® works by helping to manage the levels of compounds known as leukotrienes so that they are maintained at the minimum normal healthy level. Low levels of leukotrienes are very important for healthy joints, mobility and healthy airways.



Scientific studies have demonstrated that Lyprinol® is effective in supporting healthy joints and airways and has an established safety record.



Lyprinol® offers a significant approach to supporting joint mobility and healthy airways through support of normal 5-lipoygenase metabolism.

